

Standard 2: Knowledge-Based Practice

FAQ: Accessing Resources Online – What Do I Need to Think About?

Q: I am a registered nurse (RN) working with a group of new breastfeeding moms and I have found some online videos which I think will be effective in supporting them to be successful. What do I need to consider if I want to use these videos in my practice?

On one hand, technology such as online videos can be a great teaching tool and support for clients. On the other hand however, the use of technology such as online videos may be perceived by clients as a distraction and this can have the ability to negatively impact the nurse's connection to clients.

A: In the 2019 *Standards of Practice for Registered Nurses*, standard 2 indicator 2.10 outlines that RNs contribute to, use and evaluate new knowledge and technology. Within this indicator, it states that an RN demonstrates this standard by using technology (e.g. social media) responsibly and appropriately to enhance nursing practice. With this in mind, it is important to consider the following to ensure you are meeting this indicator:

Have you explored whether your clients would see this as a benefit or whether it would hinder the development of a therapeutic relationship? To gather this information, you should explain to the clients the benefits and/or risk associated with using online videos as a teaching tool.

Have you considered if your employer supports using online videos in practice? Are there organizational policies and procedures that support this practice? For example, there may be copyright issues with the use of the videos and you may need to consult your manager and/or your risk department.

What is the source of the videos and are they evidence-informed? There are many options online for clients and health professionals. As a RN, you will need to determine if the source of the videos is credible. You could consult with library services or a local university to determine the credibility of the videos.

There is a wealth of information available online to help you and your clients in practice. However, as a leader and client advocate, you are responsible and accountable to the standards of practice to evaluate this information to help ensure that you are providing your clients with evidence-informed information that aligns with current best practice. This shouldn't scare you away from accessing information online, as there are many benefits to client care, but there is an expectation for you to utilize the knowledge you have to help to ensure you are providing safe, competent and ethical care to all clients.

For more information on **Knowledge-Based Practice**, continue to explore **Standard 2** within the 2019 [Standards of Practice for Registered Nurses](#). If you have any questions in meeting this standard of practice, please contact a Nurse Consultant at nanb@nanb.nb.ca or call (506)458-8731, Toll-free 1-800-442-4417.