



Nurse Practitioner FAQ's

I am a NP working with clients with chronic pain. May I use a directive to provide narcotic medications to clients?

No. Health Canada, the federal department responsible for the Controlled Drugs and Substance Act (CDSA), does not allow directives to be used for drugs such as narcotics and benzodiazepines. NPs cannot prescribe drugs that are listed as Controlled Drugs and Substances by the CDSA. NANB will continue to communicate with the New Brunswick Department of Health and the Canadian Nurses Association regarding this barrier to NP practice.