



**NURSE PRACTITIONER  
SCHEDULES FOR ORDERING:**

X-rays  
Ultrasounds  
Other Forms of Energy

Drugs

**NURSES ASSOCIATION  
OF NEW BRUNSWICK**

Revised November 2009

## TABLE OF CONTENTS

### **NURSE PRACTITIONER SCHEDULES**

Schedule "A" - X-rays, Ultrasounds, and Other Forms of Energy.....	3
Schedule "B" - Laboratory and Other Tests.....	4
Schedule "C" - Drugs Excluded or Limited .....	8
Schedule "D" - Drugs Not listed in the New Brunswick Prescription Drug Program Formulary .....	13

**SCHEDULE A**  
**X-rays, Ultrasounds and Other Forms of Energy**

**Schedule “A”**  
**X-rays, Ultrasounds and Other Forms of Energy**

A Nurse Practitioner is authorized to order the x-rays, ultrasounds and other forms of energy designated in Schedule “A”.

**Ultrasounds**

Abdomen  
Pelvis  
Breast  
Obstetrical  
Carotid Doppler

**X-rays**

Skeletal  
Chest  
Abdomen  
Mammography  
Bone density

**Other**

Electrocardiogram (E.C.G.)  
Holter Monitor  
Spirometry (Pulmonary Function Test)  
24-hour blood pressure monitoring;

such further x-rays, ultrasounds and forms of energy required for monitoring a patient's chronic illness or injury following consultation with the patient's physician and the order for such tests shall include reference to the physician's name.

## SCHEDULE B Laboratory and Other Tests

### **Schedule “B” Laboratory and Other Tests**

A Nurse Practitioner is authorized to order the laboratory and other tests designated in Schedule “B”.

#### **Chemistry**

Albumin, Protein  
ALT  
Amylase  
Arterial Blood Gases  
AST  
Bilirubin, total  
Bilirubin, conjugated  
Breath Urea  
BUN (Urea)  
Calcium  
Chloride  
Cholesterol, total  
CPK  
Creatinine  
Gamma glutamyl transpeptidase (GGT)  
Glucose, quantitative  
Glucose challenge  
High Density, Low density, Very Low Density Lipoprotein Cholesterol  
Homocystine  
Iron, Total - with iron binding capacity  
Lipid - total  
Magnesium  
Phosphatase, Alkaline  
Phosphorus (inorganic phosphate)  
Potassium  
Protein, total  
Sodium  
Triglycerides  
Uric Acid  
Maternal Serum Screening

## SCHEDULE B (con't) Laboratory and Other Tests

### **Chemistry (Hormones)**

Beta HCG  
Cortisol  
Estradiol  
Estriol  
Free Testosterone  
FSH (Pituitary Gonadotrophins)  
HCG (Human Chorionic Gonadotrophins)/Maternal Screen - written consent required  
LH  
Parathyroid Hormone (PTH)  
Progesterone  
Prolactin  
Thyroid Stimulating Hormone (TSH)  
T4  
Vitamin D  
NT-pro BNP

### **Chemistry (Serum Protein Electrophoresis)**

Alphafetoprotein screen  
Folate  
Ferritin  
Glycosylated hemoglobin - Hgb A1C  
Iron  
PSA  
TIBC and % Transferrin saturation  
Transferrin  
Vitamin B12

### **Chemistry (Urine)**

Drug Screen  
HCG  
24-hour urine and microalbuminuria screening  
Urinalysis  
Urine Abuse Screen  
Urine lytes

### **Hematology**

C-Reactive Protein  
Complete blood count (CBC)  
Differential  
ESR  
Platelet Count  
Reticulocyte Count  
Hemachromatosis  
hs CRP

**SCHEDULE B (con't)**  
**Laboratory and Other Tests**

**Coagulation**

Bleeding time (BT)  
D-dimer  
INR  
Intrinsic factor antibody  
Prothrombin Time (PT)  
PT-INR  
Partial Thromboplastin Time (PTT)

**Therapeutic Drug Monitoring**

Acetaminophen  
Alcohol  
Aminophylline (Theophylline)  
Arsenic  
ASA  
Carbamazepine (Tegretol)  
Digoxin  
Drug Screen  
Lead  
Lithium  
Phenobarb  
Phenytoin (Dilantin)  
Primadone  
Quinidine  
Salicylate  
Valproic Acid

**Microbiology**

Antibiotic sensitivity  
Blood culture  
Cervical swabs  
Chlamydia trachomatis  
Herpes Simplex swab  
Neisseria gonorrhoea  
Pap smear  
Pin worm- scotch tape test  
Sputum - gram stain, culture, AFB, tuberculosis  
Stool culture  
Stools for c-difficile  
Stools for occult blood  
Stools for ova & parasites  
Stools for white blood cells  
Surface culture  
Throat swab  
Urine culture  
Vaginal swabs  
Wet mount for trichomonas  
Nasopharyngeal swabs (influenza)

**SCHEDULE B (con't)**  
**Laboratory and Other Tests**

## **Serology (Blood Bank)**

ANA  
Antibody Screening  
Antibody titre  
Blood Grouping  
Cold Agglutinins  
Hep screen  
HIV – informed consent required (written or verbal)  
H-pylori  
Mono spot  
Rubella titre  
Rubeola titre  
Varicella titre  
VDRL

## **Other Tests**

Electrocardiogram (E.C.G.)  
Holter Monitor  
Mantoux test  
Spirometry (Pulmonary Function Test)  
24-hour blood pressure monitoring  
24-hour pulse oximetry;

such further laboratory and other tests required for monitoring a client's chronic illness or injury following consultation with the patient's physician and the order for such tests shall include reference to the physician's name.

## SCHEDULE C Drugs Excluded or Limited

### Schedule “C” Drugs Excluded or Limited

A Nurse Practitioner is authorized to prescribe the drugs found in the *New Brunswick Prescription Drug Program Formulary*, including Appendix IV- Special Authorization, as amended from time to time, except as excluded or limited in Schedule “C”.

The drugs listed in this Schedule “C” may **not** be prescribed by Nurse Practitioners **except** as noted below. References in this Schedule to:

- (i) **“Exceptions”** mean that the drugs identified may be prescribed by a Nurse Practitioner,
- (ii) **“for maintenance”** means that a Nurse Practitioner may prescribe the drugs in the same dosage as originally ordered for the continuation of therapy provided the said drugs had been previously prescribed for the patient by a physician,
- (iii) **“in palliative care”** means that a Nurse Practitioner may prescribe the drugs indicated to a patient who has been categorized as a recipient of palliative care by a physician, and
- (iv) **“for planned adjustment”** means that a Nurse Practitioner may prescribe and adjust the dosage of the drugs within minimum and maximum dosages that have been established in a written plan with the collaborating physician.

#### Identification Code

#### Therapeutic Classification

08:22:00

Quinolones

Exceptions: (a) Ciprofloxacin  
(b) Levofloxacin  
(c) Moxifloxacin  
(d) Norfloxacin

10:00:00

Antineoplastic agents

Exceptions: (a) Methotrexate sodium for maintenance; and  
(b) Tamoxifen citrate for maintenance.  
(c) Epoetin alfa for maintenance

12:08:04

Antiparkinsonian agents

Exception: (a) Bzotropine Mesylate for maintenance

24:04:04

Amiodarone Hydrochloride for maintenance

28:08:08

Opiate Agonists (Narcotic Analgesics)

28:08:12

Opiate partial agonists

**SCHEDULE C (con't)**  
**Drugs Excluded or Limited**

**Identification Code**

**Therapeutic Classification**

28:08:92	Miscellaneous Analgesics and Antipyretics Exception: (a) Acetaminophen
28:12:04	Anticonvulsants (Barbiturates)
28:12:08	Anticonvulsants (Benzodiazepines)
28:16:04	Psychotherapeutic Agents (Antidepressants) Exceptions: (a) Amitriptyline Hydrochloride (b) Bupropion HCL (c) Citalopram Hydrobromide (d) Desipramine HCL (e) Fluoxetine Hydrochloride (f) Fluvoxamine Maleate (g) Mirtazapine (h) Nortriptyline HCL (i) Paroxetine (j) Sertraline Hydrochloride (k) Venlafaxine HCL (l) All other psychotherapeutic agents (antidepressants) for maintenance
28:16:08	Psychotherapeutic Agents (Tranquilizers) Exceptions: (a) Prochlorperazine in palliative care; (b) Stemetil (c) Thioridazine Hydrochloride in palliative care; (d) All other Psychotherapeutic Agents (tranquilizers) for planned adjustment
28:20:00	Respiratory and Cerebral Stimulants
28:24:08	Anxiolytics, Sedatives, Hypnotics (Benzodiazepines)
28:28:00	Antimanic agents Exception: (a) Lithium carbonate for maintenance
52:00	All Ophthalmic preparations contained in class 52:00 Exceptions: (a) Erythromycin (b) Fusidic acid (c) Gentamicin sulphate

**SCHEDULE C (con't)**  
**Drugs Excluded or Limited**

**Identification Code****Therapeutic Classification**

52:10:00	Carbonic anhydrase inhibitors
60:00:00	Gold Compounds
64:00:00	Heavy Metal Antagonists
68:08:00	Androgens
68:28:00	Pituitary
84:06:00	Amcinonide Clobetasol Propionate Clobetasone Butyrate Desonide Dexoximetasone Diflorasone Diacetate Diflucortolone Valerate Fluocinolone Acetonide Fluocionide Halcinonide Salicylic Acid/Betamethasone Salicylic Acid/Betamethasone Dipropionate Salicylic Acid/Flumethasone Pivalate Triamcinolone Acetonide
84:16:00	Acitretin
84:36:00	Isotretinoin Fluorouracil
86:12:00	Genitourinary Smooth Muscle Relaxants Exception: (a) Oxybutynin HCL (b) All other Genitourinary Smooth Muscle Relaxants for maintenance
92:00:00	Bromocriptine Mesylate Azathioprine Exceptions: a) Allopurinol for maintenance (b) Azathioprine for maintenance (c) Etidronate disodium for maintenance

**SCHEDULE C (con't)**  
**Drugs Excluded or Limited**

**New Brunswick Prescription Drug Program  
Formulary: Appendix IV - Special Authorization**

**Drugs Excluded**

Bimatoprost (Lumigan)  
Botulinum Toxin Type A (Botox)  
Buserelin Acetate (Suprefact)  
Capecitabine (Xeloda)  
Clozapine (Clozaril and generic brands)  
Cyproterone Acetate (Androcur and generic brands)  
Delta-9-Tetrahydrocannabinol (Marinol)  
Etanercept (Enbrel)  
Fentanyl (Duragesic)  
Filgrastim (Neupogen-Amgen)  
Fludarabine (Fludara)  
Flutamide (Euflex and generic brands)  
Ganciclovir (Cytovene)  
Goserelin Acetate (Zoladex)  
Imatinib (Gleevec)  
Infliximab (Remicade)  
Interferon Alfa-2B Ribavirin (Rebetron)  
Lamivudine (Heptovir)  
Latanoprost (Xalatan)  
Latanoprost/Timolol (Xalacom)  
Leflunomide (Arava)  
Leuprolide (Lupron and Lupron Depot)  
Levetiracetam (Keppra)  
Linezolid (Zyvoxam)  
Nafarelin Acetate (Synarel)  
Naltrexone (Revia)  
Nilutamide (Anadron)  
Octreotide Acetate (Sandostatin and Sandostatin Lar)  
Ondansetron (Zofran)  
Oxcarbazepine (Trileptal)  
Oxycodone (Oxy IR and Oxycontin CR)  
Peginterferon Alfa-2A (Pegasys)  
Peginterferon Alfa-2B+Ribavirin (Pegetron)  
Rifabutin (Mycobutin)  
Riluzole (Rilutek)

## SCHEDULE C (con't)

### Drugs Excluded or Limited

#### **Drugs Excluded con't**

Sirolimus (Rapamune)  
Somatropine (Humatrope) (Saizen)  
Tacrolimus (Protopic)  
Thyrotropin Alpha (Thyrogen)  
Tizanidine (Zanaflex)  
Tobramycin (Tobi)  
Travoprost (Travatan)  
Tretinoin (Vesanoid)  
Tryptophan (Tryptan and generic brands)  
Ursodiol (Urso) (Urso DS)  
Valganciclovir (Valcyte)  
Vigabatrin (Sabril)

#### **Drugs Limited/For Maintenance**

Anastrozole (Arimidex)  
Atovaquone (Mepron)  
Bosentan (Tracleer)  
Calcitonin Salmon (Miacalcin, Apo-Calcitonin)  
Desmopressin (DDAVP)  
Dipyridamole Extended Release/ASA Immediate Release (Aggrenox)  
Entacapone (Comtan)  
Epoetin Alfa (Eprex)  
Exemestane (Aromasin)  
Finasteride (Proscar)  
Letrozole (Femara)  
Raloxifene (Evista)  
Sevelamer (Renagel)

- Controlled Drugs except as permitted by the *Controlled Drugs and Substances Act* (CDSA).
- Drugs for off-label use.

#### **Drugs Limited/For Planned Adjustment**

Donepezil (Aricept)  
Galantamine (Reminyl)  
Risperidone (Risperdal) (Risperdal M)  
Rivastigmine (Exelon)

**SCHEDULE D**  
**Drugs Not Listed in the New Brunswick Prescription Drug Program Formulary**

**Schedule “D”**  
**Drugs Not Listed in the New Brunswick Prescription Drug Program Formulary**

The drugs listed in this schedule “D” may be prescribed by Nurse Practitioners.

- Gardasil (Quadrivalent HPV Recombinant Vaccine)
- A Nurse Practitioner is authorized to prescribe vaccines in accordance with the immunization standards for New Brunswick Public Health Services as outlined in the *New Brunswick Immunization Handbook* and the *Canadian Immunization Guide* as revised from time to time, and “vaccine” means any biological product used in the New Brunswick immunization program.
- Atomoxetine (Strattera)
- Varenicline (Champix)
- Lantus Insulin
- Levemir Insulin
- Isoniazid
- Seasonale
- Yaz
- Evra Patch

**NURSES ASSOCIATION OF  
NEW BRUNSWICK**

165 Regent Street  
Fredericton, NB E3B 7B4  
Tel: (506) 458-8731  
Fax: (506) 459-2838  
e-mail: nanb@nanb.nb.ca

**ASSOCIATION DES  
INFIRMIÈRES ET INFIRMIERS  
DU NOUVEAU-BRUNSWICK**

165, rue Regent  
Fredericton (N.-B.) E3B 7B4  
Tél. : (506) 458-8731  
Télécop. : (506) 459-2838  
e. élec. : nanb@nanb.nb.ca

